



Frogmore Infant School

Welcome to
Year R



The school day



8:40 drop off at Year R classrooms.



15:10 home time collect from Year R classrooms.



Daily phonics, reading, maths and literacy.



Mixture of adult directed and continuous provision.



PE and music are taught during Wellbeing Wednesday.

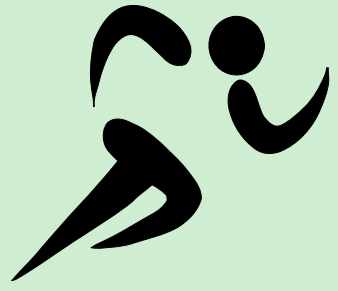
What will my child need to bring to school?

School logo book bag daily.
Uniform.
Come into school in PE kit on
Wednesday. Including coloured house
top.

Named coat.
Named water bottle.
Named spare clothes in book bag including underwear.
Named wellies (to stay in school).
Named packed lunch if not having school dinner.
Named hat/scarf/gloves/sun hat/suncream dependent on
weather.

Please name **EVERYTHING!**





PE Houses

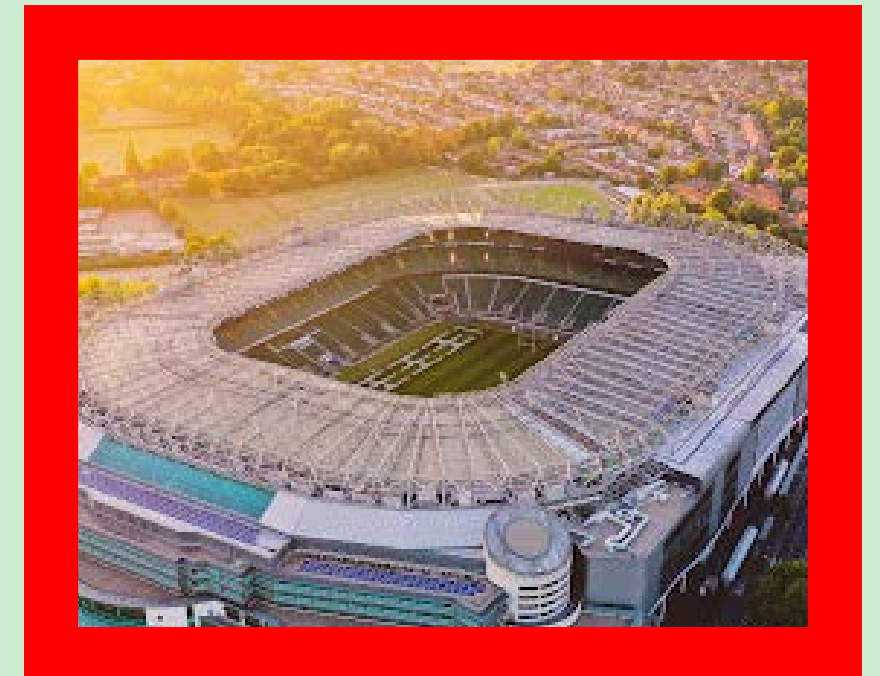
Henley



Lord's



Olympic Park



Wembley

Wimbeldon

Twickenham

Snacks

At school we offer a selection of healthy fruit and vegetables each day. These are shared with the children at snack time.

We understand that not all children like the same things and you are welcome to bring in fruit or vegetables from home if you wish.

We are a healthy school and we encourage all children to have water only in their waterbottle.



Important summer dates

CARER AND CHILD LUNCH AT SCHOOL



We will be inviting your child and one carer into school on Wednesday 10th June to have lunch at school. This is often something the children are a little worried about prior to starting school, so we wanted to give them the chance to experience a hot school lunch with their familiar adult. There will be a cost for the meal for both the carer and child, and this will be payable in cash to the School Office. The event will run from 11:00am to 11:50am and will give you an idea of how lunches operate at Frogmore. More information will follow via email and Google Forms

CARER AND CHILD STAY AND PLAY



We will also be inviting the children into school on Thursday 2nd July. This session is for you and your child to come and explore our EYFS indoor and outdoor areas. This session is for your child and one adult. Please note siblings are unable to attend. We will be having a play in our environment and sharing a story. Please arrive at the designated time at the school office. The arrangements for this session

are as follows:

Autumn 1:30 pm - 2:30pm

Spring 9am - 10am

Summer 10:30am - 11:30am



Parent/Carer meetings

The class teachers from Van Gogh and Monet classes will be inviting parents/carers into school for a meeting. This will be an individual meeting and a chance to ask any questions or share information about your child. This meeting is for parents/carers only, no children are to attend.

You will be allocated a 10 minute appointment one of the following days:

Thursday 11th June

Thursday 18th June

Thursday 16 July

Important autumn dates

STAY AND PLAYS

These sessions are for children only so that they can begin to become more independent and familiar with the school. Please arrive at the designated time at the School Office, where your child will be greeted and welcomed into the classroom. Please collect your child from the School Office at the end of these stay and play sessions.

Autumn

Thursday 3rd September
9:00 am - 10:00 am

Friday 4th September 8:45
am - 10:15am Friday

Spring

Thursday 3rd September
10:30 am - 11:30 am

Friday 4th September 10:30
- 12:00pm

Summer

Thursday 3rd September
1:30pm - 2:30pm

Friday 4th September
1:30pm - 3:00pm



Start date and time

Autumn – Monday 7th September at 8:40am.

Spring – Tuesday 8th September at 8:40am.

Summer – Wednesday 9th September at 8:40am.

By Wednesday 9th September all children will be full time



Transition into school

Transition talks

We are in the process of completing preschool visits/calls to gather information about your child from their key worker.

Transition resources

We will be making a social story available with pictures of the staff and classroom to familiarise your child with the setting.



You will be given a Chatterbag. This is a paper bag that your child can decorate and put items inside that are important to them. We will be using these bags to get to know each other and will be sharing the contents in small groups. The bags will stay at school until all of them have been shared, so please do not put anything inside that your child will need to use or is very precious e.g: comforter. Please name all items inside the bag.



Ways to help at home

1 DRESSING SKILLS



THE COAT FLIP TRICK



1. Lay the coat on the floor with the hood nearest their feet.
2. Put hands into the sleeves.
3. Flip the coat up and over their head!

With practice, children can do this all by themselves!



FINDING THE CORRECT FEET

Put a large sticker inside your child's shoes and cut it in half.

When the shoes are on the correct feet, the sticker matches together perfectly!

SOCK TRICK



Putting socks on can be really tricky! A great way to build confidence is by:

- placing scrunchies around your child's feet
- encouraging them to pull them up to their ankles independently

This helps children practise the same movement needed for putting socks on.

PRACTISE SCHOOL UNIFORM



Before school starts, let children practise:

- putting on their school uniform
- wearing their PE kit
- opening and closing bags
- taking jumpers/ cardigans on and off

You could even have a:

Parent vs Child
Getting Dressed Race!



2 SELF-CARE INDEPENDENCE



BALLOON WIPING PRACTICE



Attach two balloons to a chair to help children practise the wiping motion.

This helps children learn to:

- reach behind
- wipe front to back
- use toilet paper independently

BLOWING NOSES



Encourage your child to

- ✓ blow their own nose
- ✓ wipe their nose independently
- ✓ put tissues in the bin
- ✓ wash hands after using tissues



HANDWASHING PRACTICE



Encourage children to:

- ✓ use soap properly
- ✓ wash for 20 seconds
- ✓ dry hands fully afterwards

Try singing this
handwashing song together!

Wash your hands, wash your hands,
Use some soap, use some soap,
Wash off all the germs,
Wash off all the germs,
Now our hands are clean,
Now our hands are clean!

Ways to help at home

3 LUNCHTIME SKILLS

There are lots of little lunchtime skills children can begin practising before starting school.



opening lunch boxes



opening packets and yoghurts



using a water bottle



using a knife and fork



sitting up at a table during meals



We will support children with cutting up school dinners, but we do encourage children to have a go at cutting up their own food.



PICNIC TEA TIME

Try having a "school picnic tea" at home using lunchboxes to build confidence.



4 LOOKING AFTER BELONGINGS

LABEL EVERYTHING!

Please label:

- ✓ uniform
- ✓ shoes
- ✓ bags
- ✓ lunch boxes
- ✓ water bottles
- ✓ coats



It really helps us return belongings quickly!



NAME HUNT GAME

Help your child recognise their name by:

- ✓ spotting it on labels
- ✓ matching name cards

If using name stickers or stamps, choose the designs together so your child recognises them.



Ways to help at home

5 COMMUNICATION & FEELINGS

Start conversations like:

- ♥ How does that make your body feel?
- ♥ What feeling do you think that is?
- ♥ What helps – when you feel worried/excited/cross?

Naming feelings helps children communicate confidently in school.



Encourage your child to:

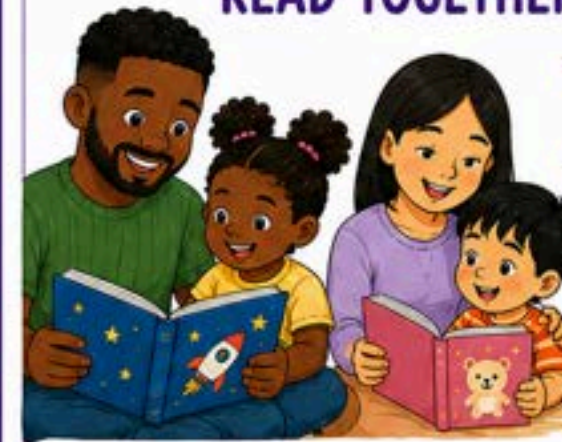
- ♥ ask for help
- ♥ express their needs appropriately
- ♥ say if they are hurt, unwell, or need the toilet
- ♥ practise saying hello and goodbye confidently




6 EARLY LEARNING IDEAS

Simple, everyday activities at home can help your child learn and grow!

READ TOGETHER




- Share stories every day
- Talk about the pictures and characters
- Ask questions about the story

 This builds language, imagination and a love of reading.

COUNT EVERYDAY




- Count steps, toys, or snacks
- Look for numbers on doors, buses, or signs
- Spot shapes around you

 These little moments build strong maths skills.

PLAY AND EXPLORE




- Building, drawing, and messy play boost creativity
- Pretend play builds confidence and imagination
- Let them explore and use their own ideas

 Play is how children learn best!

SING, TALK AND LISTEN



- Sing songs and nursery rhymes
- Talk about your day together
- Listen to your child and ask questions

 Talking and listening every day helps your child's language grow.



You don't need lots of time or resources – just little moments together make a **BIG** difference!



Ways to help at home

7 BUILDING CONFIDENCE & INDEPENDENCE



Every little step your child takes helps them grow in confidence!

LET THEM HAVE A GO!

Encourage your child to try things for themselves, such as:



- putting on their coat and doing up the zip



- opening their lunchbox and eating their food



- putting on their shoes and doing them up



- packing their bag with a little help from you

PRAISE THEIR EFFORTS!



Praise their effort, not just the result.

"You worked really hard!"
Well done!



Positive encouragement helps children believe in themselves and keep trying.

GIVE THEM TIME



Allow extra time for routines. Doing things independently may take longer, but it builds important life skills.



BE PROUD OF EVERY STEP FORWARD!

Confidence grows when children feel supported, encouraged and capable. ❤️



8 HEALTHY HABITS



Good habits help your child feel happy, healthy and ready to learn!

EAT WELL



Nutritious food and water help children have energy to play, learn and grow.



Offer a variety of foods and encourage them to try new things.

KEEP ACTIVE



Physical activity supports healthy bodies, better sleep and strong minds.



Aim for lots of active play every day – it can be indoors or outdoors!

GET ENOUGH SLEEP



Good sleep helps children's brains rest, improve mood and stay focused.



A bedtime routine helps children feel calm and ready for sleep.

GOOD HYGIENE



Handwashing and good hygiene help keep everyone healthy and safe.



Teach handwashing, brushing teeth and keeping clean every day.



SMALL HABITS, BIG BENEFITS!

Healthy habits now can last a lifetime. ❤️



Ways to help at home

9 TRANSITIONS & ROUTINES

Predictable routines and smooth transitions help children feel safe and confident.

HAVE A ROUTINE



| | |
|---|-----------|
|  | Wake up |
|  | Breakfast |
|  | School |
|  | Home time |
|  | Reading |
|  | Bed time |

Daily routines help children know what to expect and feel more secure.



Use picture schedules, charts or checklists to make routines easy to follow.

PREPARE FOR CHANGES



- Talk about what is happening next.
- Give reminders before a change.



Knowing what's coming next helps children feel calm and ready.

USE TRANSITION WARNINGS



5 more minutes!

- Give a warning before it's time to move on.
- Use timers or countdowns to show time.



Warnings give children time to finish what they are doing and get ready.

MAKE TRANSITIONS POSITIVE




- Use kind words and encouragement.
- Celebrate small steps.
- Stay calm and patient.



A positive attitude helps children handle changes with confidence.

CONSISTENCY IS KEY!

The more consistent routines and transitions are, the easier they become for your child. 



PLEASE TALK TO US

You know your child best, and we would love to learn as much as we can from you – the expert!

If there is anything you would like us to know before your child starts school, please come and talk to us.

- ♥ Share any important information about your child that can help us support them best.
- ♥ Let us know if something is happening at home that may affect your child's feelings or behaviour.
- ♥ Listen, support and work together with you to help your child feel safe, happy and confident.



Hello!

¡Hola!

Bonjour!

مرحبًا!

Ciao!



Thank you for coming!

Question time

