



Daily opportunities for physical activity (Chief medical officer recommendations 60 minutes daily/20 minutes sen-pd)	• Wake and shake • Movement breaks (wake and shake/just dance/active counting/cosmic kids) • Lunch time- 30 minutes of active play • Daily mile - 15 minutes • Active travel to and from school			
PE provision map 2026/27 2 hours weekly Topic Gym/ dance focus (alternate half terms) Movement skills/games/athletics	Year R Year R Wed am 60 minutes (Continuous provision FMS focus)- tummy time, construction, messy play, riding bikes, climbing, skipping, throwing and catching, active play like hide and seek, dancing, walking, jumping	Year 1 Year 1 Monday pm (60 min) dance/gym Thursday pm (60 min) games skills	Year 2 Year 2 Tue pm (60 min) dance/gym Friday pm (60 min) Sports games focus	Enrichment provision/ assembly focus
	Dance-respond to music Gym- shapes and balances Movement skills/games/athletics- explore movement, simple play, run, jump and throw	Dance- Repeat movement patterns Gym- travelling Movement skills/games/athletics- control movement, basic rules, improve technique	Dance-create and perform sequences Gym- linking sequences and partner balances Movement skills/games/athletics-apply movement in games, simple	



PE CURRICULUM AND PHYSICAL ACTIVITY

			tactics, complete fairly and improve performance	
Autumn 1	Marvellous me Fundamental movement skills/solent pack	Terrific Toys Shape and balance (floor) Travelling Fundamental movementi skills Run, jump, hop	Animal Antics Shape and balance (apparatus) Sequences Fundamental movement skills Run, jump and dodge	Year 1- Balance ability (look at alternate funding) Wembley theme (football club)
Autumn 2	Traditional Tales Nursery rhymes Christmas performance Respond to music	Our School – geography and route Weather Christmas performance Repeat movement patterns Send and receive (feet and hands)	Once upon a time (fairy tales) Monster and Dragons Christmas performance Create and perform sequences Send and receive – feet, hands and stick	Sports house immersion afternoon 1.15-2:45 Olympic Park theme- athlete/wheel chair (Paralympian visit) 10/11 Christmas sports festival (Y2 SEN/PP/SEMH) Christmas dance performance to parents
Spring 1	Superheroes Shape and balance floor & sequence point balances	The Great Fire of London Fire of London unit Panathlon	Rocking Royals British Unit Panathlon	National Skipping Day 22/3 21/1 – Winter Olympic Multi skills festival (SEN/PP/SEMH)



PE CURRICULUM AND PHYSICAL ACTIVITY

		boccai, curling,	table tennis Goal balls team games	6 Nations Twickenham Rugby theme (playball)
Spring 2	Animals Hungry Caterpillar Dance Ball skills	Place Detectives Shape and balance (wall bars) Ball skills– target games Oak – look at pushing and striking	Eco Kids Responding to music (gym) Eye of the Tiger Partner balances Ball skills- invasion games oak academy (dodge ball) Hitting and striking Team	FA cup final May 25 Lords (cricket theme) (Laura and Rachel) 13/3 Tri Golf Tournament (SEMH/PP/SEMH) Year R caterpillar dance performance to audience.
Summer 1	Space Shape and balance apparatus & sequence	Dinosaur Dig Shape and balance (wall bars- continue) OAA (developing fundamental movement skills/cooperation)	Precious Plants Growing unit OAA (problem solving/competition)	WATER Safety Awareness 14-21 June LCS Mini Marathon Henley theme (rowing?)/ swim club/rnli National School sports week 16-22 June (dress up on Friday as sports star) Fifa world Cup Dance performances to audiences Y1 and 2.



PE CURRICULUM AND PHYSICAL ACTIVITY

Summer 2	Frogmore Friends Athletics (sports day practise) Games outdoors	Meerkat mission (hot and cold countries) – change Africa Athletics (Run, jump) – sports day practise Mini Olympic games	Amazing Adventures Athletics (throwing) – sports day practise Mini Olympic games Gym wall bars	Sports day - parental event Wimbledon- tennis theme Euros 2-27 July July- Wimbledon District Sports Aldershot Military stadium (G& T)
Extra Curricula Clubs	Football Playball Boogie Pumps Judo			